

# The Lake Charles Dance Academy, LLC by Colleen Cannon Benoit

## 2018-2019 Schedule

Monday			Tuesday			Wednesday			Thursday			Friday		
Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	
Level IIA 4:15 – 5:15 Ballet 3 <sup>rd</sup> grade Colleen	Level I 4:15 – 4:45 Jazz Karly	Pre K Dance 4:15 – 4:45 Ballet Toni	Level IIA 4:15 – 5:15 Ballet 3 <sup>rd</sup> grade Colleen	Level I 4:15 4:45 Jazz Karly	Kinder Dance 4:30 - 5:00 Ballet Toni	Level IB 4:15 – 5:15 Ballet/Tap 2 <sup>nd</sup> Samantha	Level I 4:15– 5:15 Ballet/Tap 1 <sup>st</sup> Grade Sarah	Level II (3rd/4th) 4:30 - 5:15 Jazz Karly	Level III 4:15 - 5:15 Beginning Pointe Colleen	Level IB 4:15 – 5:15 Ballet/Tap 2 <sup>nd</sup> Sarah	**** Level IIB Ballet 4:15 - 5:30 Karly	*Acro I 4:15–4:45 Courtney	Level I 4:15 – 5:15 Ballet/Tap 1 <sup>st</sup> Grade Samantha	Pre K 4:15 – 4:45 Ballet Sarah
Level IIB 5:15 – 6:30 Ballet Colleen	Level IIIA 4:45 - 5:30 Jazz Karly	Level I 4:45 – 5:45 Ballet/Tap 1 <sup>st</sup> Grade Toni	Level IIB 5:30-6:45 Ballet Colleen	Level II (5 <sup>th</sup> and up) 4:45 - 5:30 Hip Hop Karly	Level IB 5:00 - 6:00 Ballet/Tap 2 <sup>nd</sup> Grade Toni	Interme- diate Tap 5:15 - 6:00 Lauren	**Level IIB 5:30 - 6:45 Ballet Kristen	Pre K Dance 5:15– 5:45 Ballet Sarah	Level IIB 5:15– 6:30 Pointe Colleen	##Level IIIA 5:15 - 6:30 Ballet Libby	#Level IIIA 5:30 - 6:45 Ballet Kristen	*Acro II 4:45– 5:45 Courtney	Level II 5:15 – 6:00 Jazz Samantha	Kinder Dance 4:45 – 5:15 Ballet Sarah
Level IV 6:30– 8:00 Ballet Colleen	##Level IIIA 5:30 - 6:45 Ballet Libby	Level IV 5:45 –6:30 Jazz Julian	Level IV 6:45 - 8:00 Pointe Colleen	**Level IIB 5:30 - 6:45 Ballet Kristen	Level IV 6:00 - 6:45 Contemp- orary Julian	Level IV Variations 6:00 - 7:15 Ballet Colleen	Int./Adv. Tap 6:45 - 7:30 Lauren	Kinder Dance 5:45– 6:15 Ballet Sarah	Level IV 6:30– 8:00 Ballet Colleen	Level IIB* 6:30 - 7:45 Ballet Libby		*Acro III 5:45 – 6:45 Courtney		
Level IV Modern 8:00 – 8:45 Julian	Level IIB* 6:45 - 8:00 Ballet Libby	Level IIIB 6:30– 7:15 Jazz Julian		#Level IIIA 6:45 - 8:00 Ballet Kristen	**** Level IIB 6:45 - 8:00 Ballet Karly	Level IV 7:15 - 8:30 Recreational/ Adult ballet Ballet Samantha	Adv. Tap 7:30 - 8:15 Lauren	Stretch and Strength 6:45 – 7:45 Ballet Kristen						
		Level IIIB 7:15 - 8:00 Contemp- orary Julian												

**\*Front Desk Hours - Monday - Friday 3:45 - 6:00 pm Studio Opens daily at 3:45 pm.**

**PreKinderdance** – Must be age 4 by Sept. 30<sup>th</sup> – 30 minute ballet/creative dance class once a week

**Kinderdance** – Must be age 5 by Sept. 30<sup>th</sup> – 30 minute ballet/creative dance class once a week

**Level I** – 1<sup>st</sup> grade and 2<sup>nd</sup> grade ages – 1 hour ballet/tap combination class once a week \*Can add jazz. \*2<sup>nd</sup> year level one students may add Acro

**Level IIA** – 3<sup>rd</sup> grade class (1 hour) \*Can add jazz, hip hop, tap and/or Acro

**Level IIB** – 4<sup>th</sup> – 6<sup>th</sup> grade - Must have at least one year in Level II - 1 hour and 15 minute ballet class that meets **twice a week** \*Can add jazz, hip hop (5<sup>th</sup> and up), tap and/or Acro

**Level IIIA** – 5<sup>th</sup> grade and up - 1 hour and 15 minute ballet class that meets **twice a week** with less than 3 years classical ballet training. \*Can add jazz, hip hop, tap, and/or Acro

**Level III/IV Recreational Ballet** - 6th grade and up - 1 hour and 15 minute ballet class weekly. Prior ballet training required. Not part of the LABT. \*Can add jazz, hip hop, tap, and/or Acro. *Level placement in these additional classes is at the discretion of the director.* Prepointe Level IIIA and IIB students may take this class as an extra class to help with strengthening.

**Level IIIB Ballet/Pointe**– 5<sup>th</sup> grade and up – **LABT Jr. Company** - Must have at least 3 years of classical ballet training and who are ready for pointe – 1 hour and 15 minute ballet AND pointe class that **meets three times weekly** plus weekend rehearsal times. *Placement in this level is at the discretion of the director.*

\*Can add jazz, hip hop, tap, Contemporary and/or Acro

**Level IV Ballet/Pointe** – Must be at least 8<sup>th</sup> grade and up – **LABT Sr. Company** – Must have at least 4 years of classical ballet training and at least 1-2 years of pointe. **Meets 3 times weekly** plus weekend rehearsal times. *Placement in this level is at the discretion of the director.* \*Can add jazz, hip hop, tap, contemporary and/or Acro

**Acro I** – Unable to do standing backbend unassisted **Acro II** – MUST be able to do unassisted standing backbend **Acro III** – MUST be able to do unassisted back handspring

**Intermediate Tap** – Has had at least 1-2 year of tap

**Advanced Tap** - Has had at least 3-4 years of tap

**Adult Classes (ongoing 6 week sessions)** – Adult Beginner Ballet Check website for registration and information.

**Toddler Tumbling** – Tuesdays – 2’s 9:00 – 9:30, 3’s 9:30 – 10:15, 4’s 10:15 – 11:00 – on going once a week 6 week sessions. Please email if interested.