

The Lake Charles Dance Academy, LLC by Colleen Cannon Benoit
2018-2019 Schedule

Monday			Tuesday			Wednesday			Thursday			Friday			
Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke		
Level IIA 4:15 – 5:15 Ballet 3 rd grade Colleen	Level I 4:15 – 4:45 Jazz Karly	Pre K Dance 4:15 – 4:45 Ballet Toni	Level IIA 4:15 – 5:15 Ballet 3 rd grade Colleen	Level I 4:15 4:45 Jazz Karly	Kinder Dance 4:30 - 5:00 Ballet Toni	Level IB 4:15 – 5:15 Ballet/Tap 2 nd Samantha	Level I 4:15 – 5:15 Ballet/Tap 1 st Grade Sarah	Level II (3 rd /4 th) 4:30 - 5:15 Jazz Karly	Level IB 4:15 – 5:15 Ballet/Tap 2 nd Samantha	Level III 4:15 - 5:15 Beginning Pointe Colleen	**** Level IIB Ballet 4:15 - 5:30 Karly	*Acro I 4:15-4:45 Courtney	Level I 4:15 – 5:15 Ballet/Tap 1 st Grade Samantha	Pre K 4:15 – 4:45 Ballet Sarah	
Level IIIB 5:15 – 6:30 Ballet Colleen	Level IIIA 4:45 - 5:30 Jazz Karly	Level I 4:45 – 5:45 Ballet/Tap 1 st Grade Toni	Level IIIB 5:30-6:45 Ballet Colleen	Level II (5 th /6 th) 4:45 - 5:30 Jazz Karly	Level IB 5:00 - 6:00 Ballet/Tap 2 nd Grade Toni	Interme- diate Tap 5:15 - 6:00 Lauren	**Level IIB 5:30 - 6:45 Ballet Kristen	Pre K Dance 5:15– 5:45 Ballet Sarah	Level IIIB 5:15– 6:30 Pointe Colleen	##Level IIIA 5:15 - 6:30 Ballet Libby	#Level IIIA 5:30 - 6:45 Ballet Kristen	*Acro II 4:45– 5:45 Courtney	Level II 5:15 – 6:00 Jazz Samantha	Kinder Dance 4:45 – 5:15 Ballet Sarah	
Level IV 6:30 – 8:00 Ballet Colleen	##Level IIIA 5:30 - 6:45 Ballet Libby	Level IV 5:45 – 6:30 Jazz	Level IV 6:45 - 8:00 Pointe Colleen	**Level IIB 5:30 - 6:45 Ballet Kristen	Level IV 6:00 - 6:45 Contemp- orary	IIIB/IV Variations 6:00 - 7:15 Ballet Colleen	Int./Adv. Tap 6:45 - 7:30 Lauren	Kinder Dance 5:45– 6:15 Ballet Sarah	Level IV 6:30 – 8:00 Ballet Colleen	Level IIB* 6:30 - 7:45 Ballet Libby	***Level IIB 6:45 - 8:00 Ballet Kristen	*Acro III 5:45 – 6:45 Courtney			
	Level IIB* 6:45 - 8:00 Ballet Libby	Level IIIB 6:30– 7:15 Jazz		#Level IIIA 6:45 - 8:00 Ballet Kristen	**** Level IIB 6:45 - 8:00 Ballet Karly	Level IV 7:15 - 8:30 Recreational Ballet Samantha	Adv. Tap 7:30 - 8:15 Lauren	***Level IIB 6:45 - 8:00 Ballet Kristen		ADULT BALLET 7:45 - 8:45					
		Level IIIB 7:15 - 8:00 Contemp- orary													

***Front Desk Hours - Monday - Friday 3:45 - 6:00 pm Studio Opens daily at 3:45 pm.**

PreKINDERDANCE – Must be age 4 by Sept. 30th – 30 minute ballet/creative dance class once a week

KINDERDANCE – Must be age 5 by Sept. 30th – 30 minute ballet/creative dance class once a week

Level I – 1st grade and 2nd grade ages – 1 hour ballet/tap combination class once a week *Can add jazz. *2nd year level one students may add Acro

Level IIA – 3rd grade class (1 hour) *Can add jazz, hip hop, tap and/or Acro

Level IIIB – 4th – 6th grade - Must have at least one year in Level II - 1 hour and 15 minute ballet class that meets **twice a week** *Can add jazz, hip hop, tap and/or Acro

Level IIIA – 5th grade and up - 1 hour and 15 minute ballet class that meets **twice a week** with less than 3 years classical ballet training. *Can add jazz, hip hop, tap, and/or Acro

Level III/IV Recreational Ballet - 6th grade and up - 1 hour and 15 minute ballet class weekly. Prior ballet training required. Not part of the LABT. *Can add jazz, hip hop, tap, and/or Acro .

Level placement in these additional classes is at the discretion of the director. Prepointe Level IIIA and IIIB students may take this class as an extra class to help with strengthening.

Level IIIB Ballet/Pointe– 5th grade and up – **LABT Jr. Company** - Must have at least 3 years of classical ballet training and who are ready for pointe – 1 hour and 15 minute ballet AND pointe class that meets **three times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director.

*Can add jazz, hip hop, tap, Contemporary and/or Acro

Level IV Ballet/Pointe – Must be at least 8th grade and up – **LABT Sr. Company** – Must have at least 4 years of classical ballet training and at least 1-2 years of pointe. **Meets at least 3 times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director. *Can add jazz, hip hop, tap, contemporary and/or Acro

Acro I – Unable to do standing backbend unassisted **Acro II** – MUST be able to do unassisted standing backbend **Acro III** – MUST be able to do unassisted back handspring

Intermediate Tap – Has had at least 1-2 year of tap

Advanced Tap - Has had at least 3-4 years of tap

Adult Classes (ongoing 6 week sessions) – Adult Beginner Ballet **PLEASE NOTE - HIP HOP MAY BE ADDED LATER**