

# The Lake Charles Dance Academy, LLC by Colleen Cannon Benoit

## 2019-2020 Schedule

Monday			Tuesday			Wednesday			Thursday			Friday		
Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	
Level IIA 4:15 – 5:15 Ballet 3 <sup>rd</sup> 4 <sup>th</sup> grade Colleen	Level I 4:15 – 4:45 Jazz Karly 1 <sup>st</sup> gr. or new 2 <sup>nd</sup> gr.	Pre K Dance 4:15 – 4:45 Ballet Toni	Level IIA 4:15 – 5:15 Ballet 3 <sup>rd</sup> 4 <sup>th</sup> grade Colleen	Level I 4:15 4:45 Jazz Karly 2 <sup>nd</sup> gr. with experience	Kinder Dance 4:30 – 5:00 Ballet Toni	Level IIA 4:15 – 5:15 Ballet 3 <sup>rd</sup> 4 <sup>th</sup> Colleen	Level IA 4:15– 5:15 Ballet/Tap 1 <sup>st</sup> Grade Sarah	Level II (3 <sup>rd</sup> /4 <sup>th</sup> ) 4:30 – 5:15 Jazz Karly experience	#Level IIIA 4:15 – 5:15 Pointe Colleen	Level IB 4:15 – 5:15 Ballet/Tap 2 <sup>nd</sup> Sarah	* Level IIB Ballet 4:15 – 5:30 Karly	*Acro I 4:15–4:45 Courtney	Level I 4:15 – 5:15 Ballet/Tap 1 <sup>st</sup> Grade Samantha	Pre K 4:15 – 4:45 Ballet Sarah
Level IIIB 5:15 – 6:30 Ballet Colleen	Level IIIA 4:45 – 5:30 Jazz Karly	Level I 4:45 – 5:45 Ballet/Tap 1 <sup>st</sup> Grade Toni	Level IIIB 5:30-6:45 Ballet Colleen	Level II (5 <sup>th</sup> and up) 4:45 – 5:30 Hip Hop Karly	Level IB 5:00 – 6:00 Ballet/Tap 2 <sup>nd</sup> Grade Toni	Level IIIB Variations 5:15 – 6:00 Ballet Colleen	*** Level IIB 5:30 – 6:45 Ballet Kristen	Pre K Dance 5:15 – 5:45 Ballet Sarah	Level IIIB 5:15– 6:30 Pointe Colleen	# Level IIIA 5:15 – 6:30 Ballet Libby	### Level IIIA 5:30 – 6:45 Ballet Kristen	*Acro II 4:45– 5:45 Courtney	Level II 5:15 – 6:00 Jazz Samantha new to jazz	Kinder Dance 4:45 – 5:15 Ballet Sarah
Level IV 6:30– 8:00 Ballet Colleen	# Level IIIA 5:30 – 6:45 Ballet Libby	Level IV 5:45 – 6:30 Jazz Julian	Level IV 6:45 – 8:00 Pointe Colleen	*** Level IIB 5:30 – 6:45 Ballet Kristen	Level IV 6:00 – 6:45 Contemp- orary Lauren	Level IV Variations 6:00 – 7:15 Ballet Colleen	## Level IIIA 6:45 – 8:00 Ballet Kristen	Kinder Dance 5:45 – 6:15 Ballet Sarah	Level IV 6:30– 8:00 Ballet Colleen	** Level IIB 6:30 – 7:45 Ballet Samantha	## Level IIIA 6:45– 8:00 Ballet Kristen	*Acro III 5:45 – 6:45 Courtney		Level IB 5:15 – 6:15 Ballet/Tap Sarah
Level III/IV Modern 8:00 – 8:45 Julian	** Level IIB 6:45 – 8:00 Ballet Samantha	Level IIIB 6:30– 7:15 Jazz Julian		### Level IIIA 6:45 – 8:00 Ballet Kristen	* Level IIB 6:45 – 8:00 Ballet Karly	Level III/IV 7:15 – 8:30 Recreational Ballet Samantha		Intermediate Tap 6:15 – 7:00 Lauren						
		Level III 7:15 – 8:00 Contemp- orary Julian						Int./Adv. Tap 7:00 – 7:45 Lauren						
								Adv. Tap 7:45 – 8:30 Lauren						

**PreKinderdance** – Must be age 4 by Sept. 30<sup>th</sup> – 30 minute ballet/creative dance class once a week

**Kinderdance** – Must be age 5 by Sept. 30<sup>th</sup> – 30 minute ballet/creative dance class once a week

**Level I** – 1<sup>st</sup> grade (Level IA) and 2<sup>nd</sup> grade (Level IB) – 1 hour ballet/tap combination class once a week \*Can add jazz. \*2<sup>nd</sup> year level one students (Level IB) may add Acro

**Level IIA** – 3<sup>rd</sup> 4<sup>th</sup> grade class (1 hour) \*Can add jazz, hip hop, tap and/or Acro

**Level IIB** – 4<sup>th</sup> – 6<sup>th</sup> grade - Must have at least one year in Level II - 1 hour and 15 minute ballet class that meets **twice a week** \*Can add jazz, hip hop (5<sup>th</sup> and up), tap and/or Acro

**Level IIIA** – 5<sup>th</sup> grade and up - 1 hour and 15 minute ballet class that meets **twice a week** with less than 3 years classical ballet training. \*Can add jazz, hip hop, tap, and/or Acro

**Level III/IV Recreational Ballet** - 6<sup>th</sup> grade and up - 1 hour and 15 minute ballet class weekly. Prior ballet training required. Not part of the LABT. \*Can add jazz, hip hop, tap, and/or Acro. Level placement in these additional classes is at the discretion of the director. Prepointe Level IIIA and IIIB students may take this class as an extra class to help with strengthening.

**Level IIIB Ballet/Pointe**– 5<sup>th</sup> grade and up – **LABT Jr. Company** - Must have at least 3 years of classical ballet training and who are ready for pointe – 1 hour and 15 minute ballet AND pointe class that **meets three times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director.\*Can add jazz, hip hop, tap, Contemporary and/or Acro

**Level IV Ballet/Pointe** – Must be at least 8<sup>th</sup> grade and up – **LABT Sr. Company** – Must have at least 4 years of classical ballet training and at least 1-2 years of pointe. **Meets 3 times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director. \*Can add jazz, hip hop, tap, contemporary and/or Acro

**Acro I** – Unable to do standing backbend unassisted **Acro II** – MUST be able to do unassisted standing backbend **Acro III** – MUST be able to do unassisted back handspring

**Intermediate Tap** – Has had at least 1-2 year of tap **Intermediate/Advanced Tap** – Has had 2 – 3 years **Advanced Tap** - Has had at least 3 or more years

**Adult Beginner Ballet Classes** – Once a week for 6 week sessions.