

Lake Charles Dance Academy, LLC Director - Colleen Cannon Benoit

2021-2022 Schedule UPDATED 8/3/21

Monday			Tuesday			Wednesday			Thursday			Friday		
Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	
Level IIA 4:15 – 5:15 Ballet 3 rd 4 th grade Colleen	Level I 4:15 – 4:45 Jazz Karly 2 nd gr. with experience	Pre K Dance 4:15 – 4:45 Ballet Sydni	Level IIA 4:15 – 5:15 Ballet 3 rd 4 th grade Colleen	Level I 4:00 – 4:30 Jazz 1 st gr. or new 2 nd gr. Alex	Kinder Dance 4:00 – 4:30 Ballet Eden	Level IIA 4:00 – 5:00 Ballet 3 rd 4 th grade Colleen	Level II (3 rd /4 th) 4:00 – 4:45 Jazz Karly with experience	Level IA 4:00 – 5:00 Ballet/Tap 1 st Grade Eden	Level IIIA 4:15 – 5:15 Pointe Colleen/ Eilidh	Level IB 4:15 – 5:15 Ballet/Tap 2 nd Alex	*	*Acro I 4:00–4:45 Jamie	Level IA 4:15 – 5:15 Ballet/Tap 1 st Laura	Pre K 4:15 – 4:45 Ballet Eden
Level IIIB 5:15 – 6:30 Ballet Colleen	Level IIIA 4:45 – 5:30 Jazz Karly	Level IB 4:45 – 5:45 Ballet/Tap 2 nd Grade Sydni	Level IIIB 5:30-6:45 Ballet Colleen	Level IIIB Extra Ballet 4:30 – 5:30 Eilidh By invitation only	Level IA 4:30 – 5:30 Ballet/Tap 1 st Grade Eden	Level IV Variations 5:00 – 6:00 Ballet Colleen/ Eilidh	** Level IIB Ballet 4:45 – 6:00 Karly	Pre K Dance 5:00 – 5:30 Ballet Eden	Level IIIB 5:15– 6:30 Pointe Colleen	### Level IIIA 5:15 – 6:30 Ballet Eilidh	*** Level IIB Ballet 5:30 – 6:45 Eden	*Acro II 4:45– 5:45 Jamie	Level II 5:15 – 6:00 Jazz new to jazz Laura	Kinder Dance 4:45 – 5:15 Ballet Eden
Level IV 6:30– 8:00 Ballet Colleen	# Level IIIA 5:30 – 6:45 Ballet Karly	Level IV 5:45 – 6:30 Jazz Lauren M.	Level IV 6:45 – 8:00 Pointe Colleen	### Level IIIA 5:30 – 6:45 Ballet Eilidh	* Level IIB 5:30 – 6:45 Ballet Eden	Int. Adult Ballet 6:00-7:15 Samantha	Level III/IV Hip Hop 6:00 – 6:45 Karly	Kinder Dance 5:30 – 6:00 Ballet Eden	Level IV 6:30– 8:00 Ballet Colleen	## Level IIIA 6:30 – 7:45 Ballet Eilidh		*Acro III 5:45 – 6:45 Jamie		Level IB 5:15 – 6:15 Ballet/Tap 2 nd Eden
	** Level IIB 6:45 – 8:00 Ballet Karly	Level IIIB 6:30 – 7:15 Jazz Lauren M.		## Level IIIA 6:45 – 8:00 Ballet Eilidh	*** Level IIB 6:45 – 8:00 Ballet Eden		# Level IIIA 6:45 – 8:00 Ballet Karly	Int./Adv. Tap II/III 6:00 – 6:45 Eilidh		Level IIIA 7:45 – 8:15 Pointe Eilidh				
		Level III 7:15 – 8:00 Contemp- orary Anna						Adv. Tap III 6:45 – 7:30 Eilidh						
		Level IV 8:00 – 8:45 Contempo rary Anna												

PreKinderdance – Must be age 4 by Sept. 30th – 30 minute ballet/creative dance class once a week

Kinderdance – Must be age 5 by Sept. 30th – 30 minute ballet/creative dance class once a week

Level I – 1st grade (Level IA) and 2nd grade (Level IB) – 1 hour ballet/tap combination class once a week *Can add jazz. *2nd year level one students (Level IB) may add Acro

Level IIA – 3rd 4th grade class (1 hour) *Can add jazz, hip hop, tap and/or Acro

Level IIIB – 4th – 6th grade - Must have at least one year in Level II - 1 hour and 15 minute ballet class that meets **twice a week** *Can add jazz, hip hop (5th and up), tap and/or Acro

Level IIIA – 5th grade and up - 1 hour and 15 minute ballet class that meets **twice a week** with less than 3 years classical ballet training. *Can add jazz, hip hop, tap, and/or Acro

Level III/IV Recreational Ballet - 6th grade and up - 1 hour and 15 minute ballet class weekly. Prior ballet training required. Not part of the LABT. *Can add jazz, hip hop, tap, and/or Acro. *Level placement in these additional classes is at the discretion of the director.* Prepointe Level IIIA and IIIB students may take this class as an extra class to help with strengthening.

Level IIIB Ballet/Pointe– 5th grade and up – **LABT Jr. Company** - Must have at least 3 years of classical ballet training and who are ready for pointe – 1 hour and 15 minute ballet AND pointe class that **meets three times weekly** plus weekend rehearsal times. *Placement in this level is at the discretion of the director.* *Can add jazz, hip hop, tap, Contemporary and/or Acro

Level IV Ballet/Pointe – Must be at least 8th grade and up – **LABT Sr. Company** – Must have at least 4 years of classical ballet training and at least 1-2 years of pointe. **Meets 3 times weekly** plus weekend rehearsal times. *Placement in this level is at the discretion of the director.* *Can add jazz, hip hop, tap, contemporary and/or Acro

Acro I – Unable to do standing backbend unassisted **Acro II** – MUST be able to do unassisted standing backbend **Acro III** – MUST be able to do unassisted back handspring

Intermediate Tap – Has had at least 1-2 year of tap **Intermediate/Advanced Tap** – Has had 2 – 3 years **Advanced Tap** - Has had at least 3 or more year