

Lake Charles Dance Academy, LLC Director - Colleen Cannon Benoit

2022-2023 Schedule UPDATED 6/2/22

Monday			Tuesday			Wednesday			Thursday			Friday		
Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	Hruschka	Cannon	Clarke	
Level IIA 4:15 - 5:15 Ballet 3 rd 4 th grade Colleen	Level I 4:15 - 4:45 Jazz Karly 2 nd gr. with experience	Pre K Dance 4:15 - 4:45 Ballet Laura	Level IIA 4:15 - 5:15 Ballet 3 rd 4 th grade Colleen	Level I 4:00 - 4:30 Jazz 1 st gr. or new 2 nd gr. Alex	Kinder Dance 4:00 - 4:30 Ballet Eden	Level IIA 4:00 - 5:00 Ballet 3 rd 4 th Colleen	Level II (3 rd /4 th) 4:00 - 4:45 Jazz Karly with experience	Level IA 4:00 - 5:00 Ballet/Tap 1 st Grade Eden	Level IIIA 4:15 - 5:15 Pointe Colleen/ Eilidh	Level IB 4:15 - 5:15 Ballet/Tap 2 nd Alex	* Level IIB Ballet 4:15 - 5:30 Eden	Acro I 4:00-4:45 Jamie	Level IA 4:00-5:00 Ballet/Tap 1 st Laura	Pre K 4:15 - 4:45 Ballet Alex
Level IIIB 5:15 - 6:30 Ballet Colleen	Level IIIA 4:45 - 5:30 Jazz Karly	Level IB 4:45 - 5:45 Ballet/Tap 2 nd Grade Laura	Level IIIB 5:30-6:45 Ballet Colleen	Level IIIB Extra Ballet 4:30 - 5:30 Eilidh By invitation only	Level IA 4:30 - 5:30 Ballet/Tap 1 st Grade Eden	Level IV Variations 5:00 - 6:00 Ballet Colleen/ Eilidh	** Level IIB Ballet 4:45 - 6:00 Karly	Pre K Dance 5:00 - 5:30 Ballet Eden	Level IIIB 5:15 - 6:30 Pointe Colleen	### Level IIIA 5:15 - 6:30 Ballet Eilidh	*** Level IIB Ballet 5:30 - 6:45 Eden	Acro II 4:45- 5:45 Jamie	Level I 5:00-5:30 Jazz new to jazz Laura	Kinder Dance 4:45 - 5:15 Ballet Alex
Level IV 6:30- 8:00 Ballet Colleen	# Level IIIA 5:30 - 6:45 Ballet Karly	Level IV 5:45 - 6:30 Jazz Lauren	Level IV 6:45 - 8:00 Pointe Colleen	### Level IIIA 5:30 - 6:45 Ballet Eilidh	* Level IIB 5:30 - 6:45 Ballet Eden	Level III/IV Hip Hop (6 th and up) 6:00 - 6:45 Karly	Int. Adult Ballet 6:00-7:15 Samantha	Kinder Dance 5:30 - 6:00 Ballet Eden	Level IV 6:30- 8:00 Ballet Colleen	## Level IIIA 6:30 - 7:45 Ballet Alex	Level II (5 th and up) 6:45 - 7:30 Jazz Brianna with experience	Acro III 5:45 -6:45 Jamie	Level II 5:30 - 6:15 Jazz new to jazz Laura	Level IB 5:30 - 6:30 Ballet/Tap 2 nd Alex
	** Level IIB 6:45 - 8:00 Ballet Karly	Level IIIB 6:30- 7:15 Jazz Lauren		## Level IIIA 6:45 - 8:00 Ballet Alex	*** Level IIB 6:45 - 8:00 Ballet Eden	# Level IIIA 6:45 - 8:00 Ballet Karly	Beginner Adult Ballet 7:15 - 8:15 Samantha	Int./Adv. Tap II/III 6:00 - 6:45 Eilidh		Level IIIA 7:45 - 8:15 Pointe Eilidh				
		Level III 7:15 - 8:00 Contemp- orary Anna						Adv. Tap III 6:45 - 7:30 Eilidh						
		Level IV 8:00 - 8:45 Contempo rary Anna												

PreKinderdance - Must be age 4 by Sept. 30th - 30 minute ballet/creative dance class once a week

Kinderdance - Must be age 5 by Sept. 30th - 30 minute ballet/creative dance class once a week

Level I - 1st grade (Level IA) and 2nd grade (Level IB) - 1 hour ballet/tap combination class once a week *Can add jazz. *2nd year level one students (Level IB) may add Acro

Level IIA - 3rd 4th grade class (1 hour) *Can add jazz, hip hop, tap and/or Acro

Level IIB - 4th - 6th grade - Must have at least one year in Level II - 1 hour and 15 minute ballet class that meets **twice a week** *Can add jazz, hip hop (5th and up), tap and/or Acro

Level IIIA - 5th grade and up - 1 hour and 15 minute ballet class that meets **twice a week** with less than 3 years classical ballet training. *Can add jazz, hip hop, tap, and/or Acro

Level III/IV Recreational Ballet - 6th grade and up - 1 hour and 15 minute ballet class weekly. Prior ballet training required. Not part of the LABT. *Can add jazz, hip hop, tap, and/or Acro. Level placement in these additional classes is at the discretion of the director. Prepointe Level IIIA and IIIB students may take this class as an extra class to help with strengthening.

Level IIIB Ballet/Pointe - 5th grade and up - **LABT Jr. Company** - Must have at least 3 years of classical ballet training and who are ready for pointe - 1 hour and 15 minute ballet AND pointe class that **meets three times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director. *Can add jazz, hip hop, tap, Contemporary and/or Acro

Level IV Ballet/Pointe - Must be at least 8th grade and up - **LABT Sr. Company** - Must have at least 4 years of classical ballet training and at least 1-2 years of pointe. **Meets 3 times weekly** plus weekend rehearsal times. Placement in this level is at the discretion of the director. *Can add jazz, hip hop, tap, contemporary and/or Acro

Acro I - Unable to do standing backbend unassisted **Acro II** - MUST be able to do unassisted standing backbend **Acro III** - MUST be able to do unassisted back handspring

Intermediate/Advanced Tap - Has had 1-2 years **Advanced Tap** - Has had at least 3 or more year